

Pre-primary: Week 3 & 4/ Ondoyopetameko: Oshivike 3 & 4 5-6 years/ 5-6 eedula

Write your name / Shanga Edina loye momufinda:

English / Oshikwanyama

Draw your face/ Faneka oshipala shoye

My Body/ Olutu lange



Ministry of Education,
Arts and Culture



NAMIBIAN
COMMUNITY TRUST

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for every child





- | | | | | |
|----------|----------|----------|----------|----------|
| 1 | 2 | 3 | 4 | 5 |
|----------|----------|----------|----------|----------|

These numbers indicate which day you can complete each worksheet! But if you want to, you can work ahead and do the rest as well.

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My Body/ Olutu lange

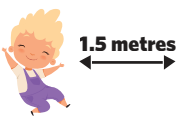
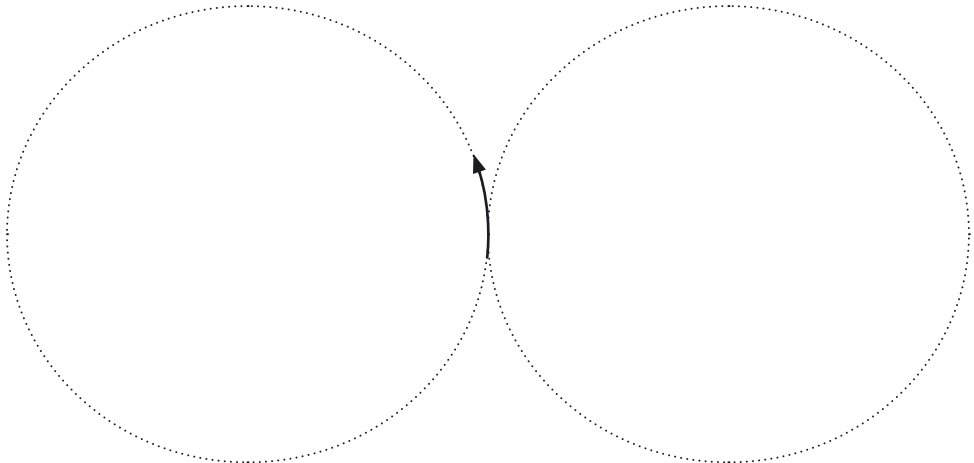
Crossing the midline. /
Okutauluka omufinda wopokati: Hetatu Omunanyalo

Play touching game. Touch the body parts on the right side with the left hand and vice versa. / Danauka Oudano wokulikum. Nokwooko kwolulyo. Kuma oitopolwa yolutu kombinga yokulyo lwoye nokwooko kwokolumosho nosho nosho.

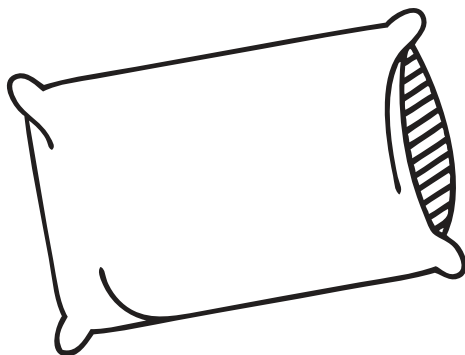
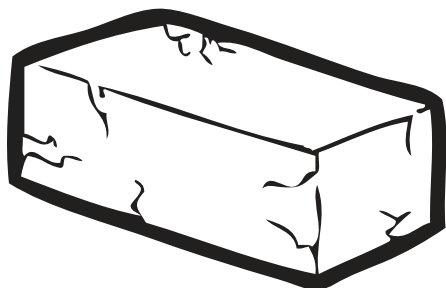
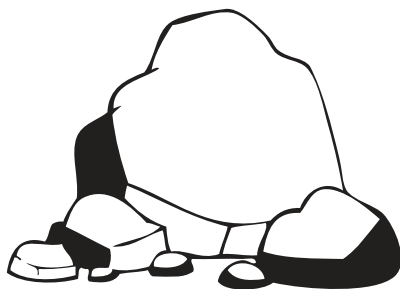
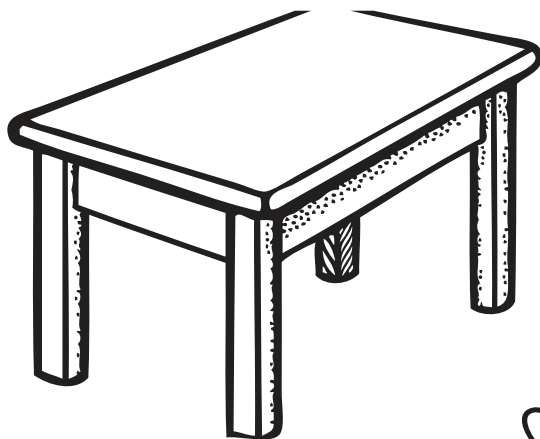
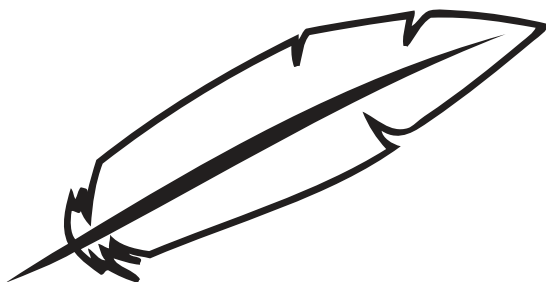
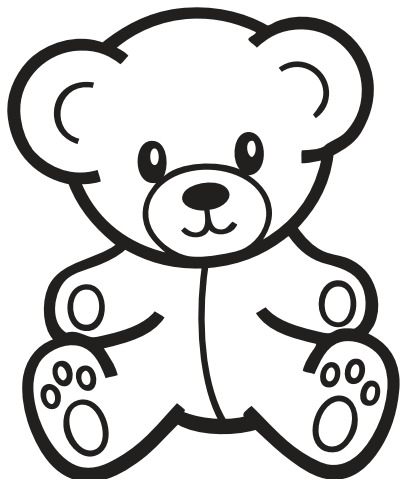
Oshivike 3

Trace continuously with a blue crayon on the dotted lines. / Twikila to eendulula nopena imbulau yambeka moundofi.

Ondodo yopetameko



Colour the soft objects blue and the hard objects red. / Mbapeka
oinima idjuu noluvala limbulau ei ipu onoluvala litilyana.

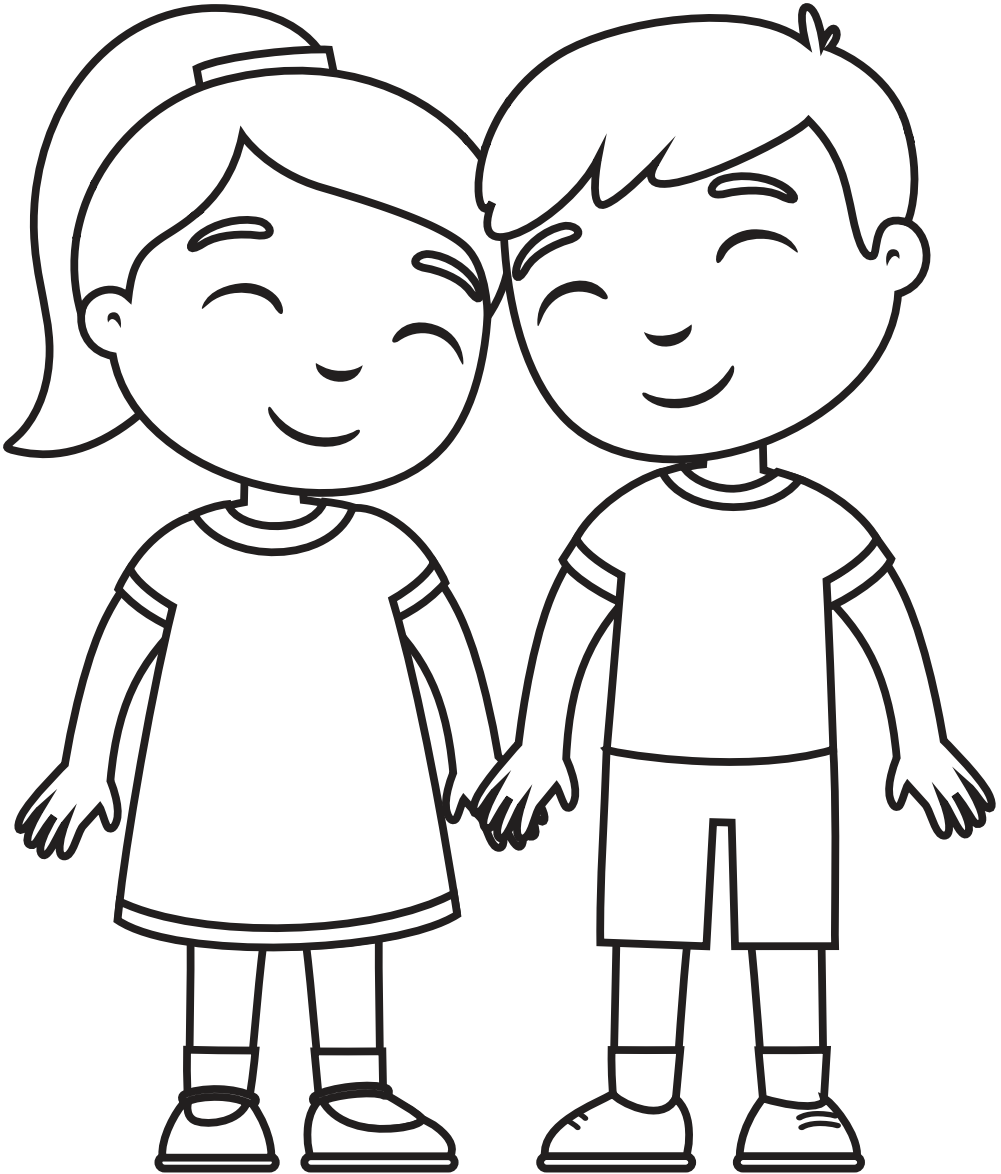


Oshivike 3

Ondodo yopetameko



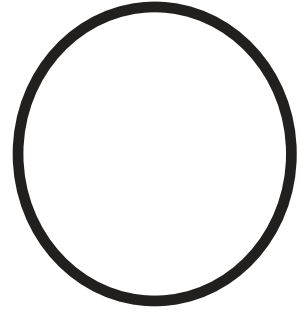
Colour one of the pictures in red. / Mbapeka limwe lomomafano aa noluvala litilyana.



Oshivike 3

Ondodo yopetameko

Ondada "O"



Ominwe

Faneka ominwe doye adishe mokakololo.



Oshivike 3

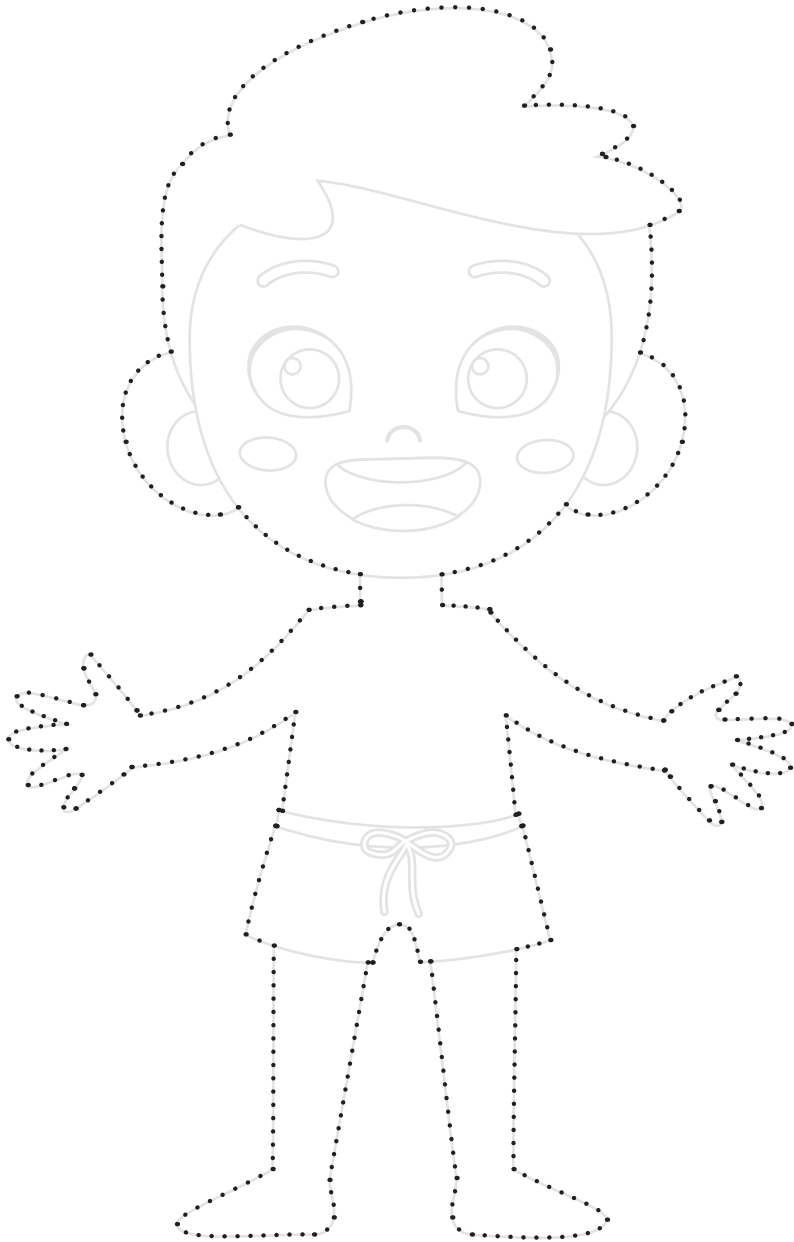
Ondodo yopetameko

My body / Olutu lange

2

7

Complete the pictures by joining the dots. / Mana efano mokukwatakanifa oundofi.

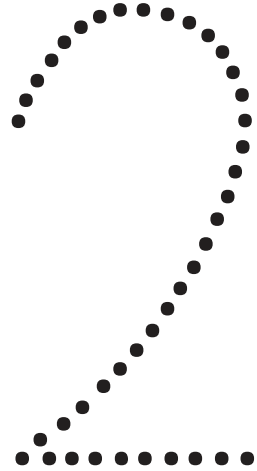
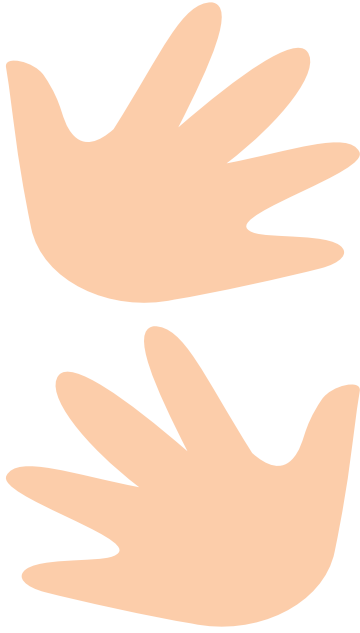


Oshivike 3

Ondodo yopetameko

My body / Olutu lange

Count and trace the number 2. / Valula ndee endulula onhomola 2.



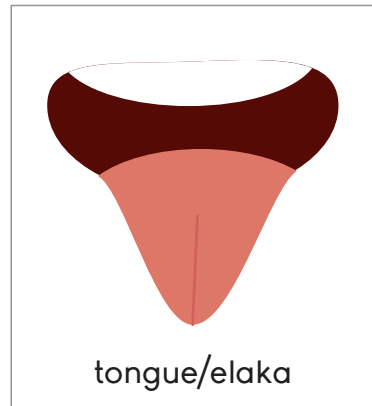
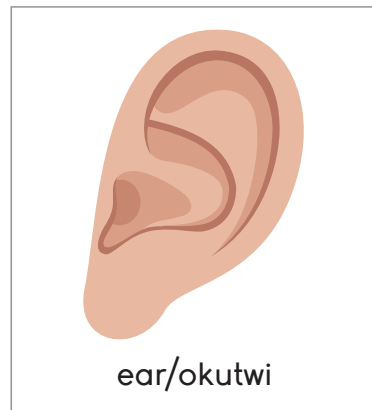
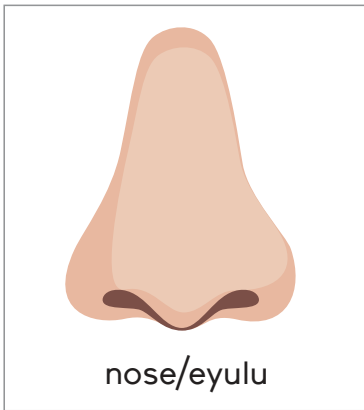
Draw any two of your body parts. /
Faneka ivali yomoitopolwa yolutu loye.

Oshivike 3

Ondodo yopetameko



Body awareness: Senses / Efiloshisho lolutu :Omaliudo



Choose the picture that matches the sense /
Kies die prent wat by die sintuie pas.

Choose/Kies



hear/hoor



taste/proe























feel/voel



smell/ruik



Choose the sense that matches the picture /
Kies die sintuie wat by die prent pas.

Choose / Kies	
	   
	   
	   
	   

Oshivike 3

Ondodo yopetameko

Draw the same amount of body parts as shown by the number. /
 Faneka omuvalu woitopolwa yolutu ufike ponhomola ya ulikwa pedu.

1



2



2



1



2



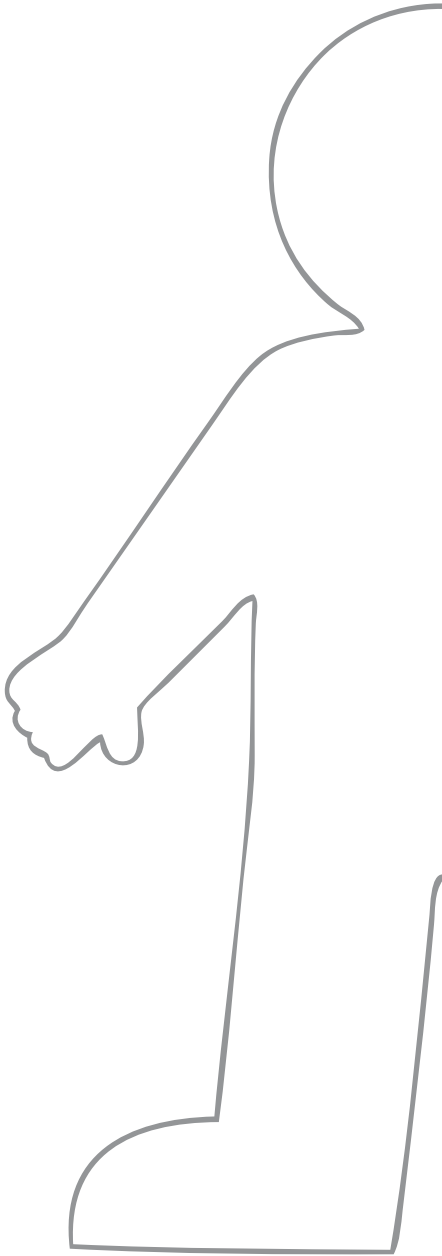
1



Oshivike 3

Ondodo yopetameko

Draw the other half to complete the picture. /
Faneka etata likwoo opo u manife efaro.



Oshivike 3

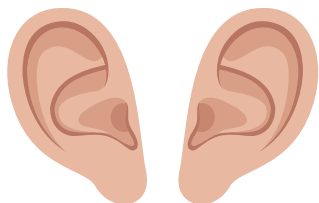
Ondodo yopetameko



1.5 metres



Count the body parts in each row. Write the number in the box. /
Valula oitukulwa yolutu momukweyo keshe. Shanga onhomola mokakololo.

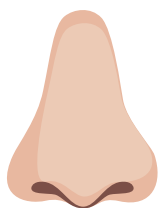


Oshivike 3



Ondodo yopetameko







Cut out and build the puzzle. / Teta mo ndee to tungu okatumbutumbu.



Oshivike 3

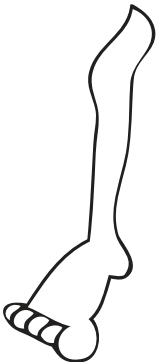
Ondodo yopetameko





Straight line tracing / Endulula omufinda

Trace the straight line to the correct object given without stopping./
Endulula omufinda wayukilila koshinima shomondjila sha yandjwa ino kanghama.



Oshivike 4

Ondodo yopetameko

Big or Small / Shakula ile Shinini

1

Look at the big and small body parts. / Tala koitopolwa yolutu yakula ndee nokwaai inini.



Oshivike 4

Ondodo yopetameko

Draw 1 big and 2 small body parts of your choice and colour them. / Faneka oshitopolwa sholutu 1 noitopolwa yolutu ivali inini pahoololo.

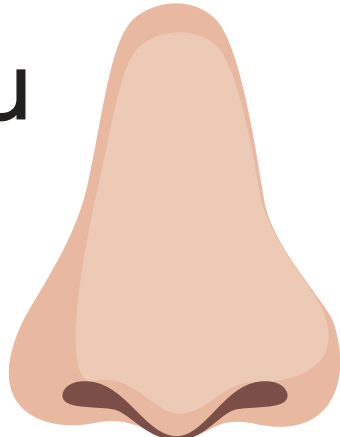
big/shakula

small/shinini

Ondodo 'e'

e

eyulu

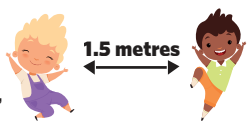


Oshivike 4

Ondodo yopetameko

Faneka eyulu loye mo kakololo ka yandjwa.

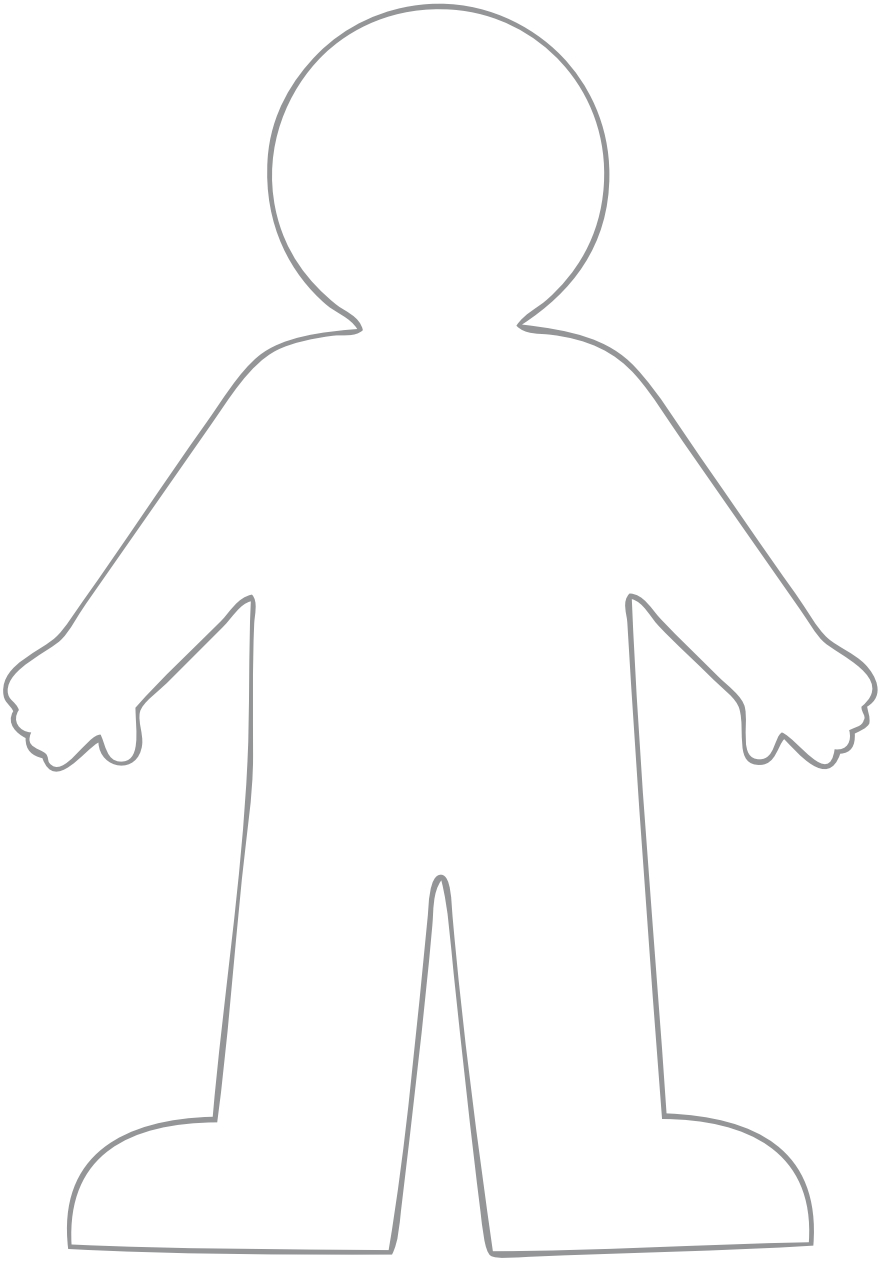
Blank rectangular area for drawing or writing.



Make a collage with any materials available e.g sand /
Ninga enatekwafano noilongifo keshe to mono. Hol : edu

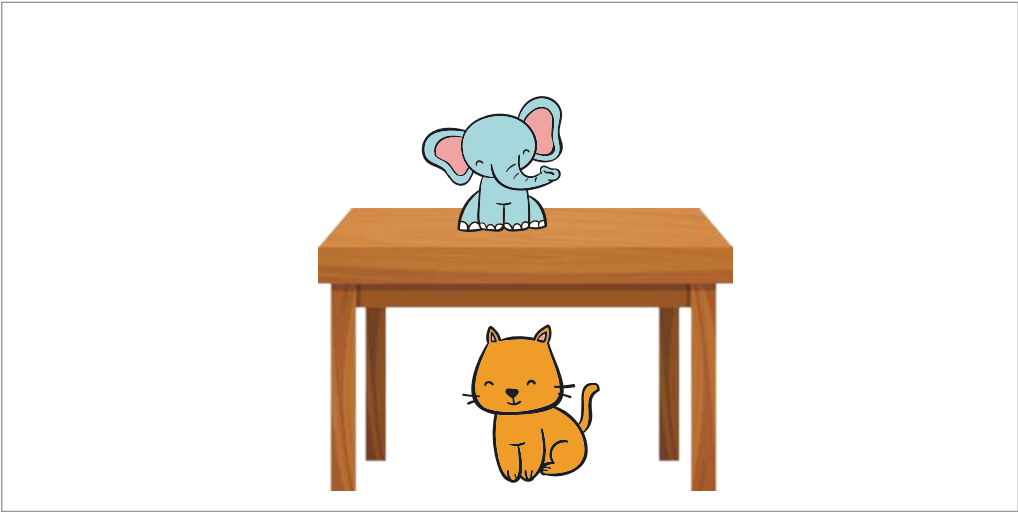
Oshivike 4

Ondodo yopetameko



Practice/Lideula
Place the ball above and below the table. /
Tula etango kombada ndee nokoshi yoshitaafula.

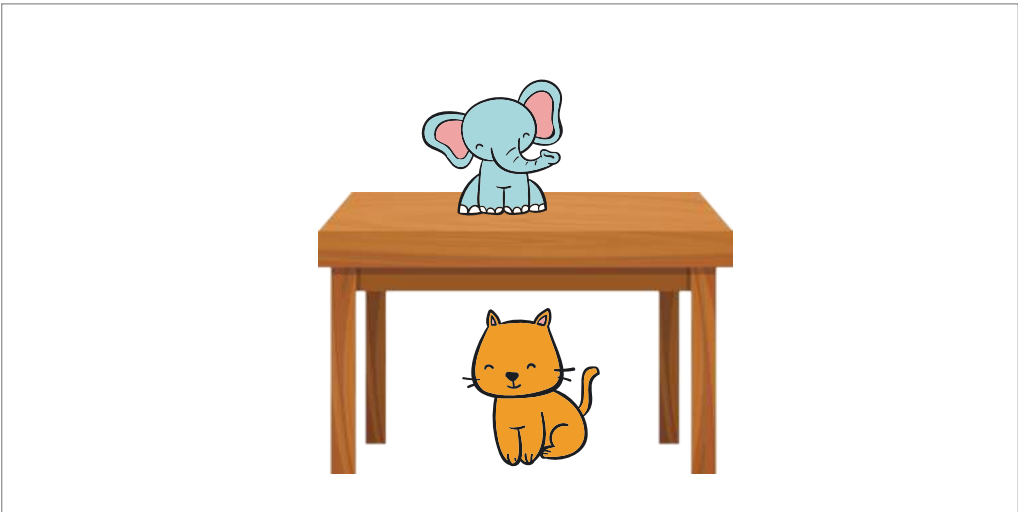
Put the objects that is above in a circle. / Tula mongonga oinima oyo ili kombada.



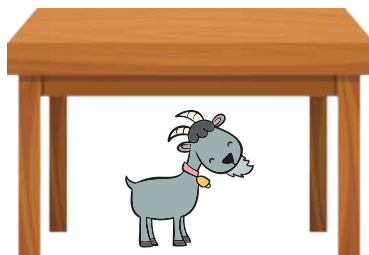
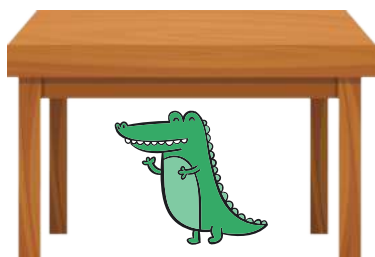
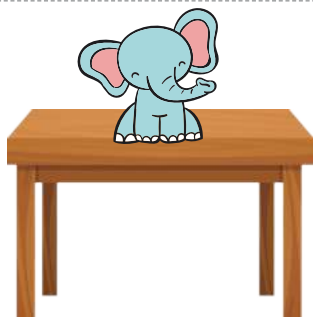
Oshivike 4

Ondodo yopetameko

Put the objects that are below in a square. / Tula oinima oyo ili koshi mombinee.



Circle the objects above the table with **red** and the objects below the table in **blue**. / Dingilila oinima ili kombada yoshitaafula noluvala litilyanao naai ili peelu noluvala limbulau.



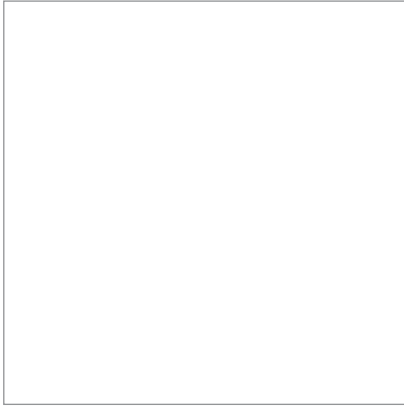
Oshivike 4

Ondodo yopetameko

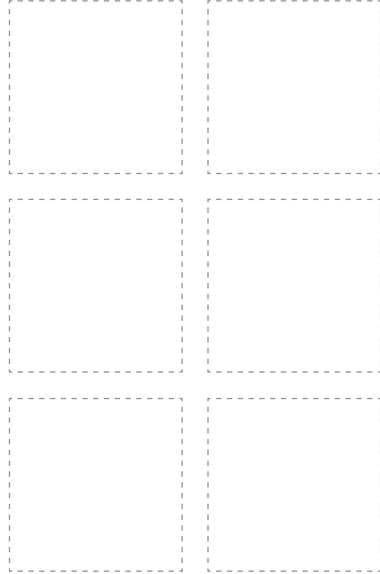
Squares/ Ombinee

3

Colour it/Mbapeka

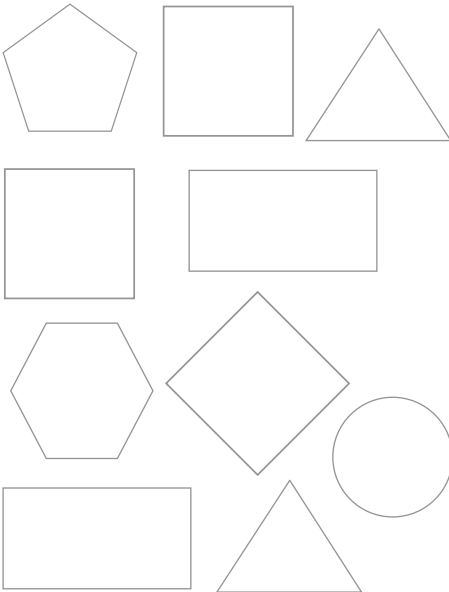


Trace it/Endulula



Oshivike 4

Colour it/Mbapeka



Draw it/Faneka



Ondodo yopetameko



Ondada "e"



e

eke

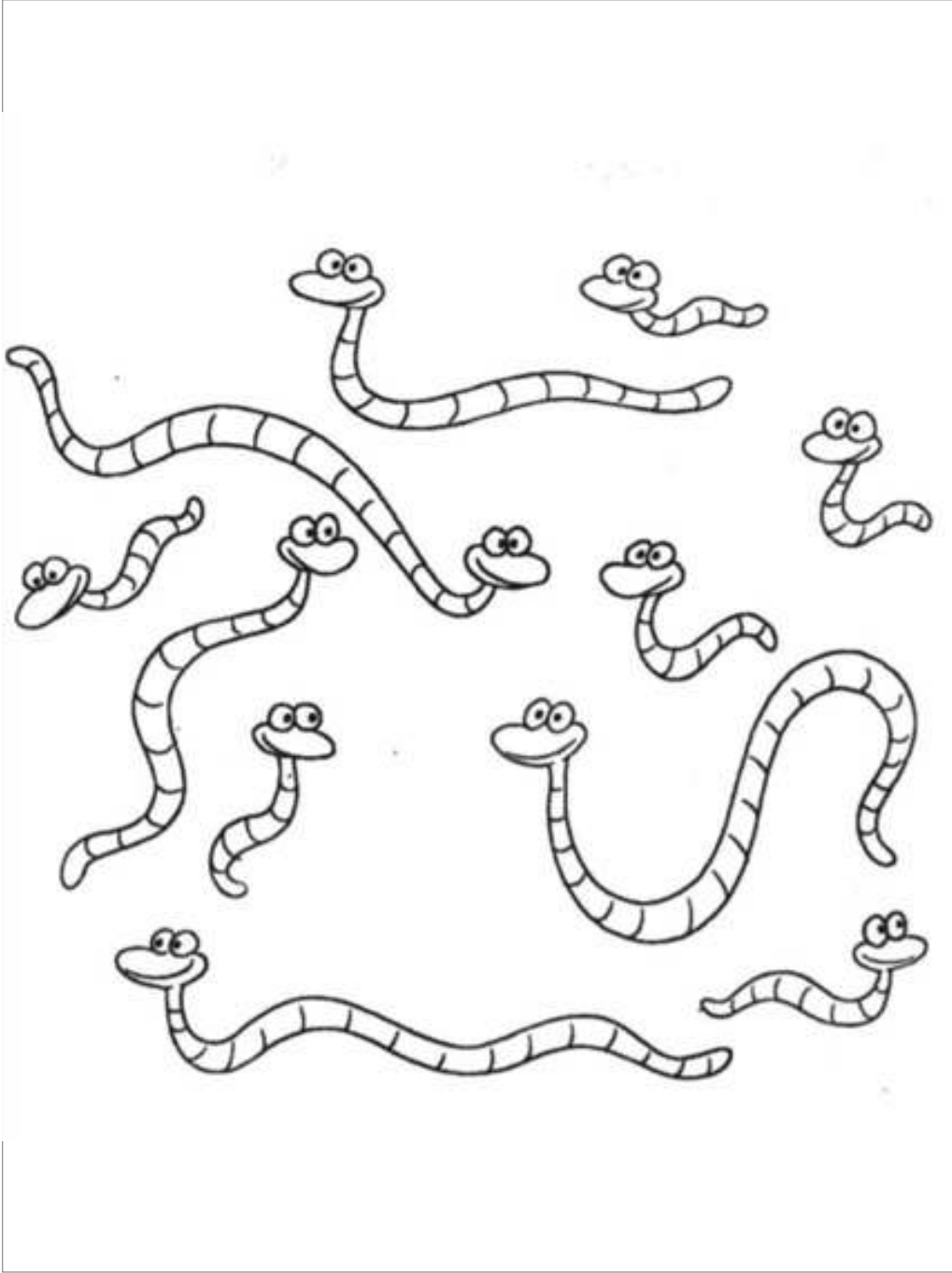
Oshivike 4

Mbapeka omafano oo atameka nondada "e".

Ondodo yopetameko



Colour the short worms/ Mbapeka einyo olo lixupi.



Oshivike 4

Ondodo yopetameko

Draw the missing body parts/ Faneka oitopolwa yolutu oyo ihe ko.



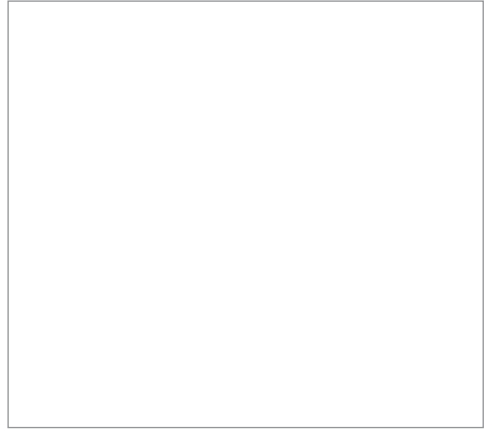
Oshivike 4

Ondodo yopetameko

5c coin/ 5C dikukutu



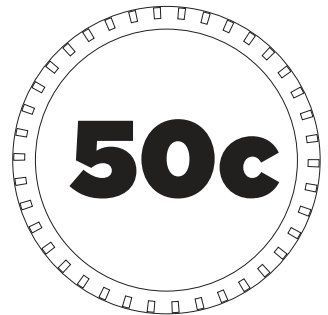
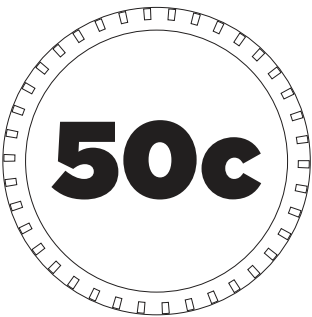
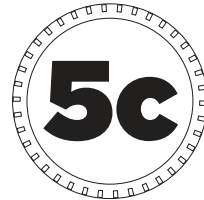
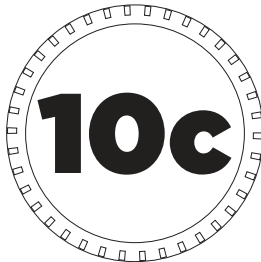
Draw the 5c coin./Faneka 5c dikukutu



Colour all the 5c coins blue / Mbapeka 5c dikukutu oluvala limbulau.

Oshivike 4

Ondodo yopetameko



Tula mongonga eemwedi adishe daxula na "i"

Januwali Febuluali

Maalitsa Apiilili

Mei Juni Juli

Aguste Septemba

Kotoba Novomba

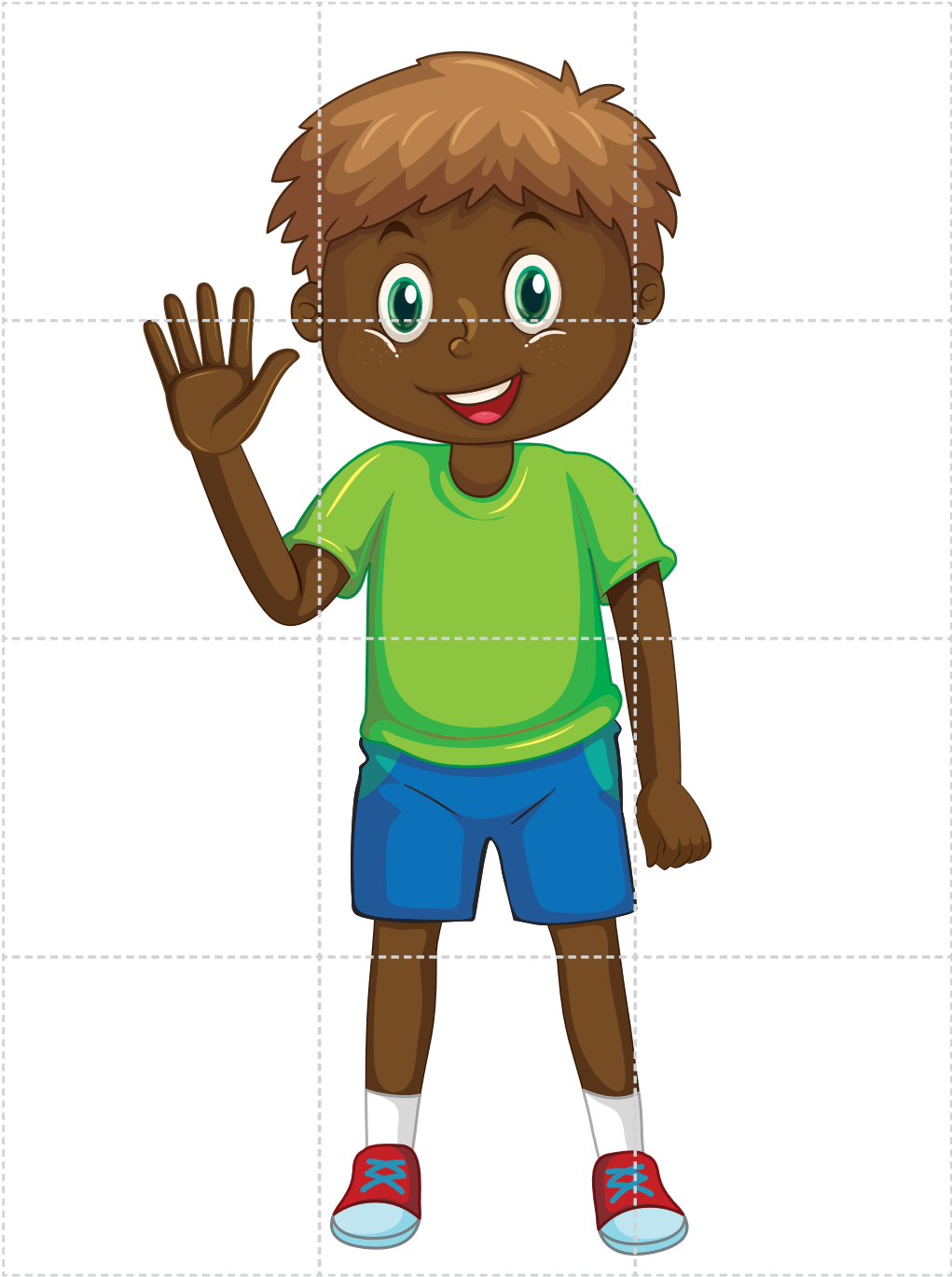
Desemba

Oshivike 4

Ondodo yopetameko



Cut out and build the puzzle. / Knip die legkaart uit en bou dit.



Oshivike 4

Ondodo yopetameko



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- Step 3: Choose your language
- Step 4: Choose the week you want to learn out of
- Step 5: Choose lessons from what lessons there are
- Step 6: Download booklet if you do not have it
- Step 7: Watch and follow the teacher as she explains what to do in the book
- Step 8: Follow us on Facebook (Zoshy & Active Kids) to never miss a video
- Step 9: Subscribe to our Zoshy Telegram channel if you want to receive daily updates



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PRINT

1 Turn the booklet to landscape.

2 Take a ruler & tear the booklet at the top long fold.

3 Fold the booklet in half.

4 The learning journey can start.

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